

Bowel cancer

Acting fast matters



Sarah, diagnosed at 38

Bowel cancer is very curable if caught early

Bowel cancer can strike at any age. Each year more than 3,000 people are diagnosed with the disease.

Do you have any of these symptoms?

- Bleeding from the bottom
- A change in bowel habit over several weeks
- Abdominal pain, especially if severe
- Any lumps in your abdomen
- Unexplained weight loss, tiredness or anaemia

Symptoms of bowel cancer can come and go – it's important to take action. Have a chat to your health professional. They've seen it all before.



Bowel Cancer
NEW ZEALAND

bowelcancernz.org.nz