

# Workplace wellness seminars to help beat bowel cancer.

The more New Zealanders we can reach with bowel cancer education, the better the chances of detecting it earlier – and saving lives.

Bowel cancer is the second highest cause of cancer death in New Zealand. It kills over 1,200 Kiwis a year (as many as breast and prostate cancer combined), and it can affect anyone at any age.

Early detection is critical, which is why we offer wellness seminars to workplaces all around New Zealand. The more people know the early signs and symptoms, the more we can reduce these horrific statistics.

## Protect your workplace.

Bowel cancer affects New Zealanders of all ages, genders and ethnicities. On average, 8 Kiwis are diagnosed with bowel cancer, and 3 of us die of it every single day. This is why Bowel Cancer NZ is dedicated to reducing the impact of bowel cancer on our communities. Raising awareness of this deadly but largely preventable disease is a proactive way to look after your employee's health.

We can tailor our education programme to suit your organisation and employees as an essential part of your workplace health and wellness programme.

### Cost:

\$300 per seminar (plus travel expenses if outside of Auckland).

### Duration:

30 to 60 minutes including questions.

### Venue:

Location of your choice or online via Zoom.

### Resources:

Presentation folder includes a set of Bowel Cancer NZ education resources. We can also bring 'Colin' (our giant inflatable colon) on request.

“Thank you, Victoria, for your outstanding efforts! You were an absolute pleasure to deal with and a superstar in your field as an educator and specialist support nurse for Bowel Cancer NZ. I am so pleased we decided to bring Colin the inflatable colon to Napier. He generated lots of conversation and definitely made the sessions interactive.”

**Wendy Chittock,**  
Health, Safety & Wellbeing Co-ordinator,  
Pan Pac Forest Products



## Our knowledgeable presenter

**Victoria Thompson,**  
Educator & Support Nurse

An experienced Registered Nurse with a background in palliative care, Victoria Thompson has the important role of helping patients and whānau through nursing support, advice and education to increase awareness of bowel cancer.

Victoria is a 'people person' who loves helping others, so she's well suited to running our workplace wellness seminars. "Some people find it embarrassing talking about this stuff," she says. "However, the more we all spread the word about the symptoms of this deadly disease, the more lives we can save."



## TO BOOK A SEMINAR

To arrange a seminar for your workplace:  
Email: [here4you@bowelcancernz.org.nz](mailto:here4you@bowelcancernz.org.nz)  
Phone: 0800 BCNZ NURSE (226 968)

Visit: [bowelcancernz.org.nz](http://bowelcancernz.org.nz) > What We Do > Education > Workplace Wellness

## CONTACT US

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