

# Community wellness talks to help beat bowel cancer.

The more New Zealanders we can reach with bowel cancer education, the better the chances of detecting it earlier – and saving lives.

Bowel cancer is the second highest cause of cancer death in New Zealand. It kills over 1,200 Kiwis a year (as many as breast and prostate cancer combined), and it can affect anyone at any age.

Early detection is critical, which is why we offer wellness seminars to workplaces all around New Zealand. The more people know the early signs and symptoms, the more we can reduce these horrific statistics.

## Raise awareness of bowel cancer in your community.

Bowel cancer affects New Zealanders of all ages, genders and ethnicities. On average, 8 Kiwis are diagnosed with bowel cancer, and 3 of us die of it every single day.

As a nationwide, patient-focused charity, Bowel Cancer NZ is committed to reducing the impact of bowel cancer in New Zealand. We do this by educating communities, raising awareness, supporting those living with bowel cancer and their whānau, and through advocacy and research.

**We can tailor our education programme to suit your club or community group – just let us know what you need!**

### Cost:

Free – but koha/donations are welcome.

### Duration:

30 to 60 minutes including questions.

### Venue:

Location of your choice or online via Zoom.

### Resources:

Presentation folder includes a set of Bowel Cancer NZ education resources. We can also bring 'Colin' (our giant inflatable colon) on request.

“Sue’s presentation really hit the mark. Her personal story and informative insights combined beautifully to give an authentic, clear message about symptoms, screening and looking out for each other. Some staff members talked to me afterwards to share their personal/family stories with bowel cancer and to share their appreciation for raising awareness.”

- Jon Rix, Tonkin + Taylor

Our knowledgeable presenters include:



### Sue Soper – Community Ambassador

Sue’s son Matthew was diagnosed with Stage 4 bowel cancer at age 39, and sadly, passed away 18 months later. Sue believes that early diagnosis and national screening, along with timely intervention, is the best defence we can have against this deadly disease. Her aim is that every New Zealander have a higher awareness of the symptoms and greater access to our screening programme.



### Wayne Fa’asega – Community Ambassador

A family man with three sons, Wayne was diagnosed with bowel cancer at just 43 years old. He made contact with Bowel Cancer New Zealand and was encouraged to join their online support group, which he found really beneficial during his cancer journey. Wayne was very keen to give back and help others, so he became one of the charity’s community ambassadors.



## TO BOOK A SEMINAR

To arrange a seminar for your workplace:  
Email: [here4you@bowelcancernz.org.nz](mailto:here4you@bowelcancernz.org.nz)  
Phone: 0800 BCNZ NURSE (226 968)

Visit: [bowelcancernz.org.nz](http://bowelcancernz.org.nz) > What We Do > Education > Community Wellness

## CONTACT US

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