



"I THOUGHT
ONLY OLDER
PEOPLE GOT
BOWEL CANCER
AND THAT
I WAS TOO
YOUNG"

Chelsea
Diagnosed at 39



Bowel cancer strikes at any age

Do you have symptoms?

If you have any of these symptoms,
please see your GP straight away:

- Bleeding from the bottom
- A change in bowel habit over several weeks
- Abdominal pain, especially if severe
- Any lumps in your abdomen
- Unexplained weight loss, tiredness or anaemia



Bowel Cancer
NEW ZEALAND

nevertotooyoung.org.nz