



"IT IS A BIG THING
FOR A MĀORI MALE
TO GO TO THE
DOC ABOUT
SOMETHING SO
PERSONAL

Anaru
Diagnosed at 38



**Bowel cancer
is curable if
caught early**

Do you have symptoms?

**If you have any of these symptoms,
please see your GP straight away:**

- Bleeding from the bottom
- A change in bowel habit over several weeks
- Abdominal pain, especially if severe
- Any lumps in your abdomen
- Unexplained weight loss, tiredness or anaemia