



**Bowel Cancer
is curable in
more than
90%
of cases if
caught early**

**Bowel Cancer is the second
highest cause of cancer
death in New Zealand***

*Lung cancer is the highest cause of cancer death in New Zealand



What are the symptoms?

It can be embarrassing to talk about these symptoms but if any are persistent or intermittent, or you have any concerns about your bowel health, see your Health Professional/ General Practitioner (GP):



Bleeding from the bowel.



Persistent or severe abdominal pain.



Weight loss, tiredness, feeling weak or breathless (symptoms of anaemia).



Persistent or intermittent change in bowel habit: going to the toilet more often, increased constipation, looser stools for several weeks, feeling that your bowel is not empty after going to the toilet.

Preventable • Treatable • Beatable
bowelcancer.org.nz



Bowel Cancer
NEW ZEALAND