## Joanne

"If I had not done the FIT [the bowel screening] test in January I would not have realised I had cancer..."

# Craig

"I would not wish this on any family, and hope these stories can help someone to have the courage to get tested."

### Sara

After 10 years of trying to get a diagnosis, Sara was diagnosed with stage 4 bowel cancer in Dec 2022 after a self funded surgery.

## Mike

There is a history of bowel cancer in my family; my mother having died at 48 and my brother having died at 36 from it.

# Andy

I had noticed blood in my stool and went to doctor who referred me for colonoscopy, I had cancer, it had been there a while...

#### Thomas

[The Doctor] said I was so anemic she was surprised I was conscious and able to function... So began Bowel Cancer Act I...

## Malcolm

My cancer has taken away from me many things, but I have gained tremendous support from my family and friends.

### Peter

Even though I was well aware of our family history, I went through life trying to avoid thinking about it.

# Lisa

If having cancer has taught me anything, it's forging through. I've done things that I never thought I'd do.

### Steve

Back from the brink. Get checked at the first miniscule inkling that something may be amiss.