

Just Diagnosed Pack

Just Diagnosed with bowel cancer? We have you covered. This **free** pack includes essential resources to help you navigate the way forward. These packs are customisable to your diagnosis, so [email](#) or [call](#) our nurse if you'd like to include other resources.

Awareness Month Pack

This **free** pack includes:

- 4 x brochures
 - 4 x A4 posters
 - 1 x prevention resource
 - 1 x early detection resource
 - 1 x symptoms magnet
 - 5 x ribbons
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Bowel Cancer NZ symptoms poster

Bowel cancer can affect anyone at any age. Learn the early signs so you don't sit on your symptoms.

A great flyer for general use or to use as a poster for the back of toilet doors.

[Download PDF](#)

Never Too Young symptom brochure

Bowel cancer can strike at any age – you're never too young. This is an awareness brochure for early-onset bowel cancer that covers stats, symptoms and what options are available.

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We're Here For You brochure

If you or someone you love has been diagnosed with bowel cancer this brochure details the support we offer from our nurse helpline to our free services.

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Early Detection of Bowel Cancer booklet

Knowing the symptoms of bowel cancer is the first step you can take towards early detection. If caught early, bowel cancer is curable in 90% of cases.

[Download PDF](#)

Bowel Cancer Prevention booklet

A booklet for everyone with advice on how to lower your overall risk of developing bowel cancer. Lifestyle, age and genetic factors discussed.

[Download PDF](#)

Never Too Young symptoms poster

Help spread the word – download and print our Never Too Young symptoms poster.

[Download here](#)

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Raising funds for medication

A guide for bowel cancer patients and their whānau.

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