

Just Diagnosed Pack

Just Diagnosed with bowel cancer? We have you covered. This **free** pack includes essential resources to help you navigate the way forward. These packs are customisable to your diagnosis, so [email](#) or [call](#) our nurse if you'd like to include other resources.

Understanding staging and grading

A guide for bowel cancer patients and their whānau.

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Bowel cancer treatment options

A guide for communities in Aotearoa.

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What does chemotherapy involve?

A guide for bowel cancer patients and their whānau.

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What does a colonoscopy involve?

A guide for communities in Aotearoa.

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Ostomy information

A guide for bowel cancer patients and their whānau on ostomy information.

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What is Lynch syndrome?

A guide for communities in Aotearoa on Lynch syndrome.

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Information on anal cancer

A guide for bowel cancer patients and their whānau on anal cancer.

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Just diagnosed with bowel cancer?

A guide for bowel cancer patients and their whānau on being just diagnosed with bowel cancer.

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Eating Well during bowel

cancer

A bowel cancer diagnosis impacts many aspects of your daily life, including what and how you eat. It's normal to have lots of questions about food.

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