## Eating Well during bowel cancer

A bowel cancer diagnosis impacts many aspects of your daily life, including what and how you eat. It's normal to have lots of questions about food.

**Download PDF** 

## The ileostomy and colostomy booklet

It's natural to have hesitations and concerns about how life will be after your ileostomy or colostomy, and we hope that this booklet will provide some answers, ideas, and helpful information.

Download PDF

## Just Diagnosed with bowel cancer booklet

This booklet is for everyone diagnosed with bowel cancer as well as their whānau and friends. Provides an overview and what to expect during your treatment. There's space to add your own notes and write down any questions you may have.

## Never Too Young booklet

Bowel cancer can strike at any age. A booklet for younger patients going through bowel cancer who are seeking more information and support.

Download PDF